

# TELESCOPIC RAILS

## ASSEMBLY GUIDE



Thank you for choosing the  
Aidacare Telescopic Side Rails.

This bed has been specifically designed to offer comfort,  
support and safety.

**It is important that you read this user manual carefully  
before using your new bed.**



This product features the CE mark, in compliance with the Medical Devices  
Regulation 2002 (as amended) Class 1, and the Medical Device Regulation 2017/745.



This product Features the UKCA mark, in compliance with Part II UK MDR 2002  
(as amended) Class 1.

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this user manual without prior notice.

## TELESCOPIC RAILS

### ASSEMBLY GUIDE



Mounting bar must be used to mount Telescopic Side Rails.



Warning: Blue handset (BEB046602) must be used with Telescopic  
Side Rails.

### BEDS COMPATIBILITY

Only beds with below serial numbers are compatible with Telescopic Rails:

Size	FL250 Bed	FLX Bed
Single Size	2308-21063 onwards	FLXS_PA_01095116_000 onwards
King Single Size	2307-30873 onwards	FLXK_PA_01095116_000 onwards



### STANDARD KITS

Each kit contains all components required to fit onto an FL250 or FLX bed.  
Custom options are available (see section Customisation Options).

### TELESCOPIC SIDE RAIL KITS - Bed Ends Not Included (Choose one)

FL250 Beds	FLX Beds	Options	Description	
BEB048800	BEB048801	Sublime Teak	Telescopic Side Rails Full Kit 2 x 1/3 Rail 2 x 2/3 Rail	
BEB048805	BEB048806	Milano Walnut		
BEB048810	BEB048811	Sublime Teak	Telescopic Side Rails & Trim Full Kit 2 x 1/3 Rail 2 x 2/3 Decorative Trim	
BEB048815	BEB048816	Milano Walnut		
BEB048820	BEB048821	Sublime Teak	Telescopic Side Rails & Trim Full Kit 2 x 2/3 Rail 2 x 1/3 Decorative Trim	
BEB048825	BEB048826	Milano Walnut		

## SELECT BED ENDS FOR INTENDED BED SIZE


Code	Options	Description	
BEB048830	Sublime Teak	Bed End Set <b>SINGLE</b>	
BEB048835	Milano Walnut	For Telescopic Rails – Como R	
BEB048840	Sublime Teak	Bed End Set <b>KING SINGLE</b>	
BEB048845	Milano Walnut	For Telescopic Rails – Como R	

## CUSTOMISATION OPTIONS


Customisation allows users to configure the Telescopic Rails to their needs. For example, if rails are not desired on both sides of the bed or if one side requires a 1/3 rails and the other a 2/3 rail.

To customise Telescopic Rails:



### STEP 1: The following components must be included

Code	Description	
BEB046602	Hand Control <b>MIN HEIGHT LIMITING</b>	

### STEP 2: The following components must be included


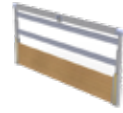


Code	Description	
BEB048900	Mounting Bar & Hardware <b>PAIR</b> For <b>FL250</b> Bed ONLY	
BEB048901	Mounting Bar & Hardware <b>PAIR</b> For <b>FLX</b> Bed ONLY	

## STEP 3: Choose Bed Ends for Intended Bed Size

Code	Options	Description	
BEB048830	Sublime Teak	Bed End Set <b>SINGLE Bed</b>	
BEB048835	Milano Walnut	For Telescopic Rails - Como R	
BEB048840	Sublime Teak	Bed End Set <b>KING SINGLE Bed</b>	
BEB048845	Milano Walnut	For Telescopic Rails - Como R	

## STEP 4: Choose Rails and/or Decorative Trims

**NOTE :** Each side of bed can hold either 1 x 1/3 component, 1 x 2/3 component or 1 x 1/3 and 1 x 2/3 component. It is not possible to add 2 x 2/3 component to one side of bed.

Code	Options	Description	
BEB048850	Sublime Teak	Telescopic Rail 1/3 Length – <b>EACH</b>	
BEB048855	Milano Walnut		
BEB048860	Sublime Teak	Telescopic Rail 2/3 Length – <b>EACH</b>	
BEB048865	Milano Walnut		
BEB048870	Sublime Teak	Telescopic Rail – Decorative Trim 1/3 Length – <b>EACH</b>	
BEB048875	Milano Walnut		
BEB048880	Sublime Teak	Telescopic Rail – Decorative Trim 2/3 Length – <b>EACH</b>	
BEB048885	Milano Walnut		

# ASSEMBLING TELESCOPIC RAILS TO BED

## KIT INCLUSIONS

Hand Control – Min Height Limiting  
( not pictured )

### MOUNTING BAR & HARDWARE –

For FL250 Bed (BEB048900)

1. End mounting bracket (x4)
2. Mounting rail (x2)
3. Centre mounting bracket (x2)  
(not needed for FLX bed)

For FLX Bed (BEB048901)

1. End mounting bracket (x4)
2. Mounting rail (x2)

### Side Rails / Trim

4. Telescopic side rail 1/3 length (x2)  
Or  
Decorative trim 1/3 length (x2)
4. Telescopic side rail 2/3 length (x2)  
Or  
Decorative trim 2/3 length (x2)

### Bed Ends

5. Bed End Set Single  
Or  
Bed End Set King Single

### Recommended Tools



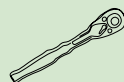
Drill



6mm  
drill bit



Allen keys  
(Size 5 & 6)



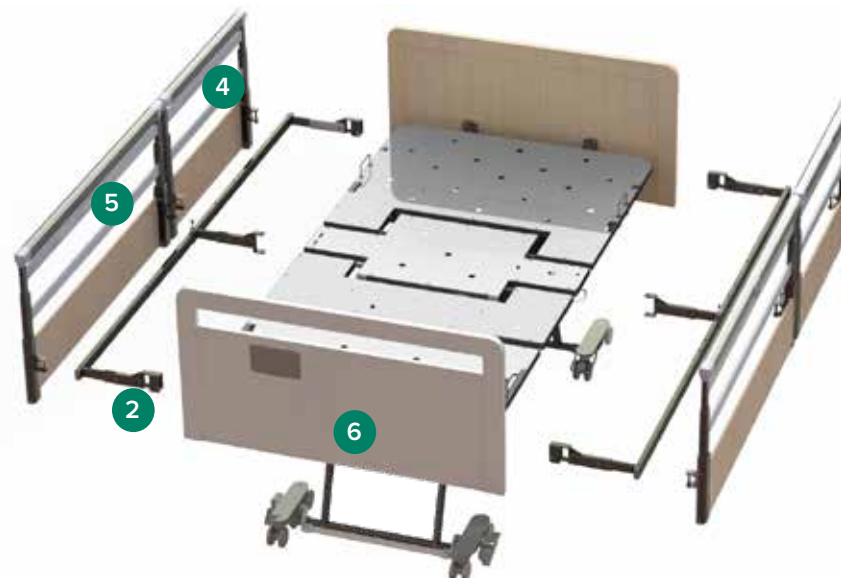
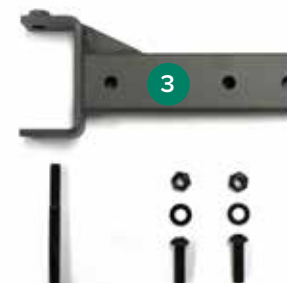
Socket  
wrench (Size  
13)



Flexible  
drive socket  
extension



Rubber  
mallet



## ASSEMBLY STEPS

### STEP 1: PREPARE THE BED

- Remove all head and footboards and other accessories (such as rails and mattresses) from the bed, raise the bed to a comfortable working height and raise the backrest and leg rest to the maximum height.



### STEP 2: ASSEMBLE MOUNTING BAR TO BED

#### FL250 BED ONLY

- Install End mounting brackets **1** to the head and foot ends of the frame. Use a flexible drive socket extension and ratchet to avoid damaging the bolt. **DO NOT** tighten circled bolts at this stage.



- Install Centre Mounting Bracket **2** to the middle of the bed as shown. **DO NOT** tighten the bolt completely at this stage.



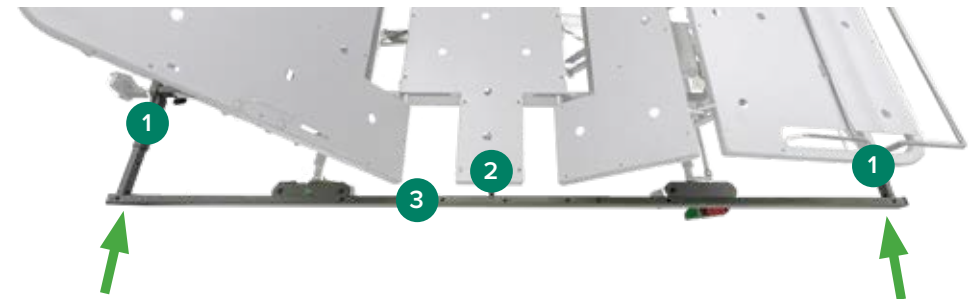
#### FLX BED ONLY

- Install End mounting brackets **1** to the head and foot ends of the frame and install bolts in position shown. Use a flexible drive socket extension and ratchet to avoid damaging the bolt. **DO NOT** tighten bolts completely at this stage.



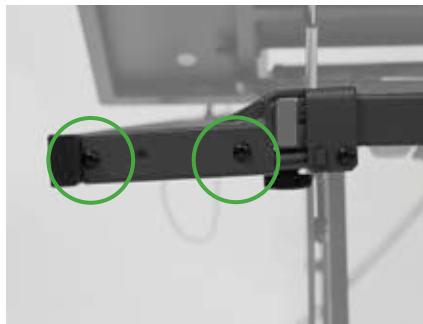
### STEP 3: INSTALL MOUNTING RAIL

- Insert Mounting rails **3** into the End and Centre mounting brackets **1** **2** at the same time. Use a rubber mallet to fit the rail as needed.



#### STEP 4: ALIGN RAIL FOR BED SIZE

- Align holes based on the bed size. Refer to the images shown for Single and King Single rail configurations.
- Secure Mounting rails with bolts.



Single



King Single

- Tighten all remaining bolts on mounting brackets ① & ②

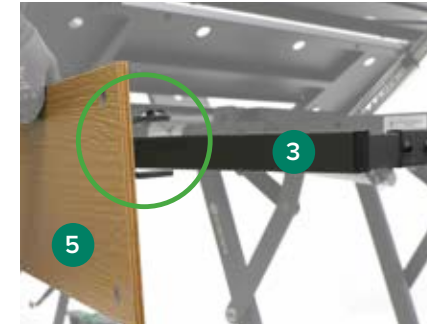
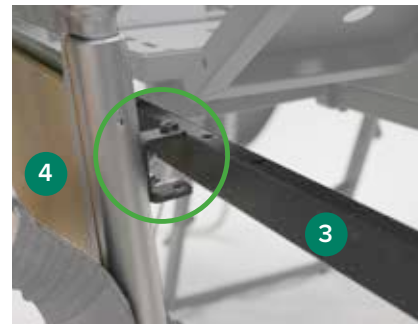
#### STEP 5: SECURE MOUNTING RAIL TO MIDDLE OF BED

- Secure Mounting Rail ③ to the centre of the bed frame with provided long bolt, spacer and nyloc nut.



#### STEP 6: ASSEMBLE TELESCOPIC RAILS OR DECORATIVE TRIM TO MOUNTING RAIL

- Assemble the Telescopic Rails or Decorative Trims ④ ⑤ to Mounting Rails ③. Ensure holes line up with both parts and secure with the provided bolts.



#### STEP 7: ASSEMBLE BED ENDS

- Assemble bed ends to the bed

#### STEP 8: REPLACE STANDARD HANDSET

- Replace standard handset with the Hand Control – Min Height Limiting (blue face) and conduct a factory reset

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