Measuring positions

cH - Hip

Circumference at largest dimension around buttocks.

cG - Thigh

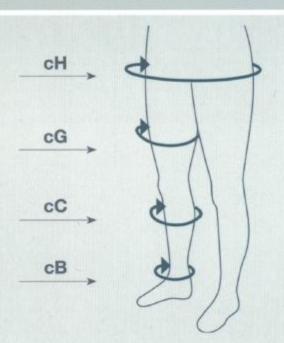
Circumference at largest dimension.

cC - Calf

Circumference at largest dimension.

cB - Ankle

Circumference at smallest dimension.



Provide the following measurements for:

Knee High - cB & cC Thigh High - cB, cC & cG Waist high - cB, cG & cH

- Each leg is measured independently
- Measure in the early morning when possible as swelling occurs later in the day