



SITZ BATH

INSTRUCTION FOR EFFECTIVE TREATMENT

Basin Preparation:

1. Raise toilet seat and lid.
2. Place Sitz Bath basin on toilet bowl with "Front" designation towards the front of the toilet bowl.
3. Fill Sitz Bath basin with warm (100°-105°F / 38°-40° C) 1/2 to 2/3 full.
4. Insert Sitz Bath tubing through front or rear entry hole in the Sitz Bath basin. Snap or secure Sitz Bath tube into channel in basin bottom.

Bag Preparation:

1. Position flow control clamp towards Sitz Bath bag.
2. Using clamp, close tubing by sliding clamp over tube from wide to narrow side.
3. Open top of the bag and fill with hot water (105°-110°F / 40°-43° C).
4. Place or hang bag above Sitz Bath.

Treatment:

1. Sit in Sitz Bath for 15-20 minutes.
2. Maintain water temperature by opening clamp and adding water. (Overflow will drain through openings at the back of the basin.)
3. Once desired temperature is reached, close the clamp.
4. After Treatment, empty and rinse the basin.

Cleaning:

1. Empty remaining water into toilet.
2. Rinse bowl with hot water.
3. Wipe well.
4. Replace in plastic bag until next use.

PRODUCT DESIGNED FOR SINGLE PATIENT USE

CAUTION:

To avoid burns, temperature of water used in treatment should not exceed 43°C (110°F).

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