

## **Days Upright Walker**



REF	Description	Max User Weight
7028116	Days Upright Walker	330 150 lbs kg

### **Warnings**

- The maximum user weight of this walking aid is 330lbs (150kg).
- DO NOT use this walking aid if the frame is not secure, stable, or the nuts and bolts are not tight.
- DO NOT use this walking aid if the frame is cracked, dented, damaged, or worn.
- DO NOT use this walking aid on stairs, escalators or moving walkways.
- DO NOT use this walking aid on slopes with a gradient of more than 15%. DO NOT use on diagonal slopes with a gradient of more than 5%.
- Regularly check all parts to ensure these are all in good condition and fitted correctly. Ensure all bolts, screws etc. are tightly fastened.
- Use caution when opening and closing the walking frame and adjusting the handle bars to ensure that no body parts are trapped.



# Assembly Instructions

#### PHASE 1 - Remove all packaging

Remove all packaging from the walking aid on a level surface.

#### PHASE 2 - Assembly/Removal of the Front Wheels

Directly insert the front wheels into the frame. Both wheels are the same and can be placed either side. Once complete, repeat the steps on the other side. To release the wheels simply press the release button and remove the wheel.

#### PHASE 3 - Open the frame

Pull the main bars of the walker upwards until straight, then push down on the seat of the walker to lock the seat in place.

#### PHASE 4 - Assemble the handlebars

Press the height adjustment button and insert the corresponding handlebar into the frame (handlebars are labelled L1 and R1). Once the handlebars are inside the frame you can adjust to the desired height. (Ensure that the forearms rests are facing the correct way as shown in the product image above). Repeat this action for the other handlebar.

#### PHASE 5 - Assembly of the handgrips

Insert the tube of the handgrip inside the tube of the arm pad. You can adjust the length, and the angle to suit your forearm. Once adjusted, tighten by closing the clamp lever.

#### PHASE 6 - Assembly of the backrest

Insert the two ends of the backrest into the grooves on the legs.



#### PHASE 7 - Installation of the sit to stand bars

Fix the sit to stand handles underneath the backrest on the notch. To secure the handles in place secure with the knob on the other side.

#### PHASE 8 - Assembly of storage bag

To install the bag, pull out each side of the seat, then hang the storage bag by the loops.

#### PHASE 9 - Cane/Walking Stick Holder Accessory

Insert Cane/Walking Stick holder onto the knob at the base of the frame

## PHASE 10 - Secure Brake Cables with hook and loop fastenings

Secure the brake cables to the frame with the hook and loop fastenings provided.

#### Operating the hand brakes

Squeeze the hand brake to slow the upright walker. To lock the rear wheels, push the hand brake forward.

#### **Adjusting the Rear Brake Position**

A pair of pliers or 10mm wrench will be required to adjust the rear brake position. Use the pliers/wrench to turn the M6 nut counterclockwise. This will move the brake closer to the wheel. Test brake positioning by squeezing the handbrake. If the brake still does not engage the wheel, repeat the adjustment process.